

CPR & First-Aid Training

Heartsaver Adult/Child CPR & First Aid


<u>Class</u>	<u>Date</u>	<u>Time</u>
Heartsaver First Aid	Friday, January 8, 2010	8:30 a.m. to 12:00 p.m.
Heartsaver First Aid	Friday, January 22, 2010	8:30 a.m. to 12:00 p.m.
BLS Health Provider	Friday, February 12, 2010	8:30 a.m. to 12:00 p.m.
Pediatric First Aid	Friday, February 26, 2010	8:30 a.m. to 12:00 p.m.
Heartsaver First Aid	Friday, March 12, 2010	8:30 a.m. to 12:00 p.m.
BLS Health Provider	Friday, March 26, 2010	8:30 a.m. to 12:00 p.m.

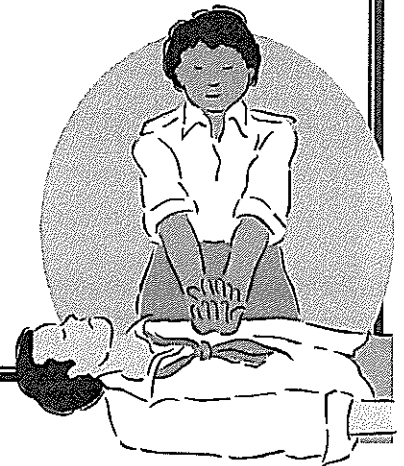
All classes will be taught in the Fitness Building

Heartsaver First Aid includes: CPR, rescue breathing, choking, stop bleeding, burns, shock, poisoning, fractures, seizures, diabetic emergencies, and other life-threatening emergencies. The course is intended for general population.

BLS Health Provider includes: CPR, use an AED, and relieve choking in a safe, timely and effective manner. The course is intended for CNA's, nurses, doctors, and EMT's.

Pediatric First Aid includes: information on how to manage illnesses and injuries in a child during the first few minutes until professional help arrives. The course is intended for childcare providers.

American Heart
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Contact the Health Education Program
@ 208 478-3965 to Register

